

MEHFC 2026

Middle East Heart Failure Conference 2026

Program Book

— BROUGHT TO YOU BY —



— ENDORSED BY —



Table of Content

03

Welcome Message

04

Organizing Committee

05

Scientific Committee

07

Social Media
Ambassadors

08

Keynote Speakers

09

Faculty

20

Scientific Program

30

Moderated Posters

31

Posters

39

Sponsors

40

CME & Certificate of
Attendance

41

General Information

Welcome Message

On behalf of the Middle East Heart Academy, I am privileged to welcome you to the Middle East Heart Failure Conference (MEHFC) to be held from 16th to 18th January 2026 in Dubai, United Arab Emirates, which will bring together expert clinicians, researchers, and leaders of cardiac health stakeholder organizations, offering an outstanding scientific program including state-of-the-art lectures, educational courses and symposia delivered by world acknowledged leaders.

This year, the Scientific Committee aims to provide an advanced program showcasing the latest developments in the field of heart failure and covering all aspects of heart failure from prevention, epidemiology, basic and translational science through diagnosis, medical treatments and device therapies. Prominent practitioners and experts has been invited to enrich the scientific program and share their knowledge. Take this opportunity to acquire a competent skill set and accomplish your academic goals.

We invite and welcome all physicians, pharmacists, nurses, and other healthcare providers to become a part of this journey of sharing knowledge, experience, and to use this opportunity to connect with innovative educators.

Welcome to MEHFC 2026, Welcome to Dubai!



Feras Bader, MD, MS, MBA (Oxford)

Clinical Professor of Medicine- Cardiology
Cleveland Clinic Lerner College of Medicine of Case Western Reserve University
Chairman, MEHFC 2026
Chairman, Middle East Heart Academy

Organizing Committee



Nadya Al Matrooshi

Chairwoman, Organizing Committee
Medical Director, Heart Transplant Program,
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Fatemeh Mohammad

Specialist Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
UAE



Hala Kershah

Institute Administrator
Integrated Hospital Care Institute
Cleveland Clinic Abu Dhabi
UAE



Iman Hamour

Specialist Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
UAE



Leila Abid

Professor, Head of the Department of
Cardiology
Hedi Chaker University Hospital & Sfax
University Medical School
Tunisia



Matlooba Al Zadjali

Executive Director, Senior Consultant, Public
Health Physician
Cardiovascular Diseases Heart Vascular
Centre
Oman



Mitesh Badiwala

Surgical Director of Mechanical Circulatory
Support & Heart Transplant
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mohamed ElHarari

Consultant Cardiologist
Tawam hospital
UAE



Nooshin Bazargani

Consultant Cardiologist
Dubai Health
Head of Prevention Working Group, Emirates
Cardiac Society Dubai
UAE

Organizing Committee



Nour Bader

Student
New York University
UAE



Shaira Villa

Ambulatory & Heart Failure Nurse
Cleveland Clinic Abu Dhabi
UAE

Scientific Committee



**Feras Bader, MD, MS
MBA (Oxford)**

Clinical Professor of Medicine- Cardiology
Cleveland Clinic Lerner College of Medicine of Case
Western Reserve University
Chairman, Middle East Heart Failure Conference
Chairman, Middle East Heart Academy
UAE



Ahmet Celik

Professor of Cardiology
Mersin University Medical Faculty
Turkiye



Bassam Atallah

Associate Dean – Clinical Affairs
Dubai Medical University
United Arab Emirates



Emil Najjar

Consultant Cardiologist
Section for Heart Failure and Valvular
disease
Heart and Vascular Centre
Sweden



Fakhr Alayoubi

President
Cardio Clinical Pharmacy Group
Saudi Heart Association
Saudi Arabia



Firas Albadarin

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
UAE

Scientific Committee



Hadi Skouri

Consultant Cardiologist
Director, Heart Failure Program
Sheikh Shakhboub Medical City
UAE



Hatem Soliman

Consultant in Cardiothoracic Intensive Care
Clinical Lead Organ Donation
Clinical Lead Advanced Critical Care
Practitioners
Royal Brompton and Harefield Hospitals
UK



Hussam Ghalib

Director, Cardiomyopathy Center
Consultant Cardiologist, Medical Director of
Mechanical Circulatory Support, Cleveland
Clinic Abu Dhabi
United Arab Emirates



Juwairia Al Ali

President of ECS
Consultant Non Invasive Cardiologist
Rashid hospital
UAE



Mandeep Mehra

William Harvey Distinguished Chair in
Advanced Cardiovascular Medicine
Professor of Medicine at Harvard Medical
School
Executive Director of the Center for Advanced
Heart Disease
Harvard Medical School, Brigham and
Women's Hospital
USA



Mehmet Birhan Yilmaz

Academic Staff, Professor of Cardiology
Faculty of Medicine, Department of
Cardiology
Dokuz Eylul University
Turkiye



Nizar Attallah

Transplant Nephrologist
University of Kentucky
USA



Richard Ferrer

Advanced Heart Failure and Transplant Nurse
Coordinator
Cleveland Clinic Abu Dhabi
UAE



Wael Almahmeed

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
UAE

Scientific Committee



Wilfried Mullens

Professor of Cardiovascular Physiology
Hasselt University
Belgium



Yosef Manla

Senior Officer for Science and Research
Middle East Heart Academy
United States of America

Social Media Ambassadors



Ahmet Celik

Professor of Cardiology
Mersin University Medical Faculty
Turkiye



Bassam Atallah

Associate Dean – Clinical Affairs
Dubai Medical University
United Arab Emirates



Fakhr Alayoubi

President
Saudi Cardio Clinical Pharmacy Group
Saudi Heart Association
King Saud University Medical City
Saudi Arabia



Hala Kershah

Institute Administrator
Integrated Hospital Care Institute
Cleveland Clinic Abu Dhabi
UAE



Negin Molazadeh

Cardiology Specialist
Burjeel Holding
UAE



Yazan Aljabery

Cardiac Surgeon
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
UAE

Keynote Speakers



Ivan Netuka

Professor and Chairman of the Cardiovascular Surgery
Department, IKEM
Czech Republic



Mandeep Mehra

William Harvey Distinguished Chair in
Advanced Cardiovascular Medicine
Professor of Medicine at Harvard Medical
School
Executive Director of the Center for Advanced
Heart Disease
Harvard Medical School, Brigham and
Women's Hospital
USA



Sir Magdi Yacoub

Founder and Director of Research
Harefield Heart Science Centre (Magdi
Yacoub Institute)
Professor of Cardiothoracic Surgery
National Heart and Lung Institute, Imperial
College London
UK

Faculty



Abbas Ahmed

Consultant Cardiologist
Sheikh Khalifa General Hospital
United Arab Emirates



Abdallah Almaghraby

Cardiologist
Ibrahim Bin Hamad Hospital
United Arab Emirates



Abdallah Shehab

Professor of Cardiovascular Medicine
UAE University
Chairman of Education, EMA
United Arab Emirates



Abdelfatah Elasar

Consultant HF/Cardiac Transplant Cardiologist
Heart Hospital, Hamad Medical Corporation
Qatar



Abdulmajeed Alzubaidi

Consultant Interventional Cardiologist
Medical Advisor
Ministry of Presidential Affairs Abu Dhabi,
United Arab Emirates



Adhba Almubarak

Consultant Cardiologist
Sheikh Shakbout Medical City
United Arab Emirates



Ahmad Al-Shoha

Endocrinologist
Dubai Diabetes Center
United Arab Emirates



Ahmad El Ouweini

Critical Care Clinical Pharmacist/Preceptor,
Dubai Medical University Hospital
United Arab Emirates



Ahmad Turk

Advanced Heart Failure and Transplant
Cardiologist
Private Practice
Jordan

Faculty



Ahmet Celik

Professor of Cardiology, Mersin
University School of Medicine
Turkey



Aiman Smer

Program Director for Cardiovascular Fellowship
Training Program
Cleveland Clinic Abu Dhabi
United Arab Emirates



Amer Al Ferekh

Patient Educator, Patient and Family
Education – Nursing Administration
Cleveland Clinic Abu Dhabi
United Arab Emirates



Ammar Chaudhary

Consultant Cardiologist in Advanced Heart
Failure and Echocardiography
King Faisal Specialist Hospital and Research
Center
Saudi Arabia



Amna Al Busaidi

Consultant Advanced Heart Failure & Transplant
Cardiology
National Heart Centre, The Royal Hospital
Oman



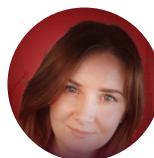
Amr Badr

Cardiology Senior Consultant, Director of
Heart Failure / Transplantation Program
Heart Hospital, Hamad Medical Corporation
Qatar



Amrish Agrawal

Senior Consultant Cardiology
Fujairah Hospital
United Arab Emirates



Angela Abbey

Case Manager
Cleveland Clinic Abu Dhabi
United Arab Emirates



Arif Albulushi

Consultant Cardiologist
National Heart Center, The Royal Hospital
Oman

Faculty



Bader Alayyad

Advanced Heart Failure Senior Specialist
Adan Hospital
Kuwait



Bashaer Gheyath

Consultant Cardiologist
Healthpoint Abu Dhabi
United Arab Emirates



Bassam Atallah

Associate Dean – Clinical Affairs
Dubai Medical University
United Arab Emirates



Dania Mohty

Consultant, Adult Cardiology, Heart Center,
Echocardiography Department
King Faisal Specialist Hospital & Research
Center
Saudi Arabia



Dima Quraini

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Diyar Saeed

Head of the Department of Cardiac Surgery &
Vascular Surgery
Helios Clinic Krefeld
Germany



Emad Hakemi

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Emil Najjar

Consultant Cardiologist, Heart and Vascular
Centre, Section for Heart Failure and Valvular
disease
Karolinska University Hospital
Sweden



Faiez Zannad

Emeritus Professor of Therapeutics and
Cardiology Professor Emeritus of
Therapeutics Past Director of the Inserm
Clinical Investigation Center
Université de Lorraine
France

Faculty



Fakhri Alayoubi

President, Saudi Cardio Clinical Pharmacy Group
Saudi Heart Association, King Saud University
Medical City
Saudi Arabia



Farhana Bin Lootah

Head of Cardiometabolic Clinic
Imperial College London Diabetes Centre
United Arab Emirates



Feras Bader

Clinical Professor of Medicine- Cardiology
Cleveland Clinic Lerner College of Medicine
of Case Western Reserve University
Chairman, MEHFC 2026
Chairman, Middle East Heart Academy



Firas Alani

Professor of Medicine, CMU Medical School,
Director of Cardio and Vascular Centre
American Hospital Dubai
United Arab Emirates



Firas Albadarin

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Hadi Skouri

Consultant Cardiologist, Director, Heart
Failure Program
Sheikh Shakhboub Medical City
United Arab Emirates



Hala Kershah

Institute Administrator
Integrated Hospital Care Institute
Cleveland Clinic Abu Dhabi
UAE



Hani Sabbour

Consultant Cardiologist/Electrophysiologist
Mediclinic Airport Road Hospital
United Arab Emirates



Hasan Farhan

President
Iraqi Scientific Council of Cardiology
Iraq

Faculty



Hatem Soliman

Consultant in Cardiothoracic Intensive Care,
Clinical Lead Organ Donation, Clinical Lead
Advanced Critical Care
Harefield Hospital, Royal Brompton and
Harefield Hospitals
United Kingdom



Hussam Ghalib

Director, Cardiomyopathy Center
Consultant Cardiologist, Medical Director of
Mechanical Circulatory Support, Cleveland
Clinic Abu Dhabi
United Arab Emirates



Hussien Heshmat

Consultant Interventional Cardiologist
Al Tadawi Specialty Hospital
United Arab Emirates



Iman Hamour

Specialist Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Ivan Netuka

Professor and Chairman of the
Cardiovascular Surgery Department, IKEM
Czech Republic



Jehad Alburaiki

Consultant, Advanced Heart Failure, and
Transplant Cardiologist
Heart Centre, King Faisal Specialist Hospital
& Research Centre
Saudi Arabia



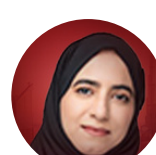
Jennifer Dela Cruz

Nurse Educator Specialist
Cleveland Clinic Abu Dhabi
United Arab Emirates



Joseph Rogers

President and Chief Executive Officer, Texas
Heart Institute
Cardiologist & Adjunct Professor, Division of
Cardiology, Duke University
United States



Juwairia Al Ali

President of ECS
Consultant Non Invasive Cardiologist
Rashid hospital
UAE

Faculty



Leila Abid

Professor, Head of the Department of Cardiology
Hédi Chaker University Hospital & Sfax University Medical School
Tunisia



Magdy Abdelhamid

Professor & Chairman of the department of Cardiovascular Medicine,
Cairo University
Egypt



Mahmoud Al Tamimi

Physical Therapist
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mahmoud Traina

Vice Chair of the Heart, Vascular and Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mandeep Mehra

William Harvey Distinguished Chair in Advanced Cardiovascular Medicine
Professor of Medicine at Harvard Medical School
Executive Director of the Center for Advanced Heart Disease
Harvard Medical School, Brigham and Women's Hospital
USA



Manyoo Agarwal

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Matlooba Alzadjali

Executive Director, Senior Consultant, Public Health Physician, Cardiovascular Diseases
Heart Vascular Centre
Oman



Medhat Soliman

Specialist Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mehmet Yilmaz

Academic Staff, Professor of Cardiology, Faculty of Medicine, Department of Cardiology,
Dokuz Eylul University
Turkey

Faculty



Mena Aziz

Advanced Heart Failure and Transplant
Specialist
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mitesh Badiwala

Surgical Director of Mechanical Circulatory
Support & Heart Transplant
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mo'ath Bani Ali

Chief Cardiology Fellow
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mohamed Al Jaabari

Consultant Cardiologist, Heart, Vascular &
Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mohamed El Khashab

Director of Inpatient Services.
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Mohamed Elharari

Consultant Cardiologist
Tawam Hospital
United Arab Emirates



Mohamed Salah

Senior Cardiology Consultant & Head of
Cardiology Unit
New Kalba Hospital, Sharjah
United Arab Emirates



Mohammad Zaidan

Cardiologist
American Hospital
United Arab Emirates



Mohammed Khalil

Section Head, Cardiac Imaging and Clinical
Services, Cardiology
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates

Faculty



Nadya Almatrooshi

Medical Director, Heart Transplant Program,
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Negin Molazadeh

Cardiology Specialist
Burjeel Holding
United Arab Emirates



Nizar Attallah

Transplant Nephrologist
University of Kentucky
United States



Noha Yaseen

Consultant Non-Invasive Cardiologist
Al Qassimi Hospital
United Arab Emirates



Nooshin Bazargani

Consultant Cardiologist
Dubai Health
United Arab Emirates



Nqoba Tsabedze

Academic Head of the Division of Cardiology
University of the Witwatersrand, Johannesburg
South Africa



Omer Ali

Consultant Nephrologist
Imperial College London Diabetes Centre
United Arab Emirates



Rami Bany Ata

Cardiology Fellow
Cleveland Clinic Abu Dhabi
United Arab Emirates



Rami Harb

Consultant Cardiologist
Healthpoint Hospital
United Arab Emirates

Faculty



Rana Abou Mrad

Consultant Nephrologist
Mediclinic Middle East
United Arab Emirates



Richard Ferrer

Advanced Heart Failure and Transplant Nurse
Coordinator
Cleveland Clinic Abu Dhabi
United Arab Emirates



Rizwan Ahmed

Adult Congenital Heart Disease and
Cardiovascular MRI Consultant
Sheikh Khalifa Medical City
United Arab Emirates



Ronney Shantouf

Consultant Cardiologist, Heart, Vascular &
Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Safaa Al Mohdar

Head of Cardiology
Zayed Military Hospital
United Arab Emirates



Shady Hegazi

Specialist Cardiologist
Cleveland Clinic Abu Dhabi
United Arab Emirates



Shaira Villa

Ambulatory & Heart Failure Nurse
Cleveland Clinic Abu Dhabi
United Arab Emirates



Sheereen Hassib

Clinical Dietitian – Cardiac-Thoracic ICU,
Heart and Lung Transplant
Cleveland Clinic Abu Dhabi
United Arab Emirates



Shumaila Sheikh

Social Worker, Clinical Patient Navigator
Cleveland Clinic Abu Dhabi
United Arab Emirates

Faculty



Soufiane Roussia

Consultant Cardiologist in Advanced Heart Failure, CMR, Cardio-Oncology & Cardiomyopathy Sheikh Shakhboub Medical City, United Arab Emirates



Syed Gardezi

Associate Professor in Cardiology, Khalifa University, Abu Dhabi, Consultant Cardiologist in Advanced Heart Failure, CMR, Cardio-Oncology & Cardiomyopathy Sheikh Shakhboub Medical City, United Arab Emirates



Umer Darr

Consultant Cardiac Surgeon
Chief, Cardiac Surgery
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Wael Almahmeed

Consultant Cardiologist
Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Waleed Alhabeeb

Professor of Medicine, Medical Director,
Sulaiman Alhabib Hospital- Olaya, President
Saudi Heart Association
Saudi Arabia



Waleed Kadro

Chief of Cardiology & Interventional Cardiology ,
Senior Consultant Interventional Cardiologist
The Golden Center for Academic Cardiovascular
Teaching and Research
United Arab Emirates



Waleed Nafee

Senior Cardiologist
Imperial College London Diabetes Centre - Abu Dhabi
United Arab Emirates



Walid ElTahlawy

Consultant Cardiologist
Sheikh Khalifa Specialty Hospital-Fujairah
United Arab Emirates



Wilfried Mullens

Professor of Cardiovascular Physiology
Hasselt University
Belgium

Faculty



Yasmin Rustamova

Cardiologist, Heart Failure Specialist (CAS of University of Zurich)
Azerbaijan Medical University
Azerbaijan



Yazan Aljabery

Cardiac Surgeon , Heart, Vascular & Thoracic Institute
Cleveland Clinic Abu Dhabi
United Arab Emirates



Zainab Samad

Professor and Chairwoman of the
Department of Medicine
Aga Khan University
Pakistan



Zviad Kipiani

President of Georgian Heart Failure
Association
Head of Cardiovascular Department
Jerarsi Clinic, Tbilisi
Georgia

SCIENTIFIC PROGRAM

PLENARY HALL - **DAY I** | FRIDAY, 16TH JANUARY 2026

LUXOR 1 MEETING ROOM

From	To	Topic
10:00 AM	12:00 PM	Workshop I: Practical Applications of Advanced Cardiac Imaging in HF (Strain Imaging, CT, PET-CT, MRI, and More)
		Case 1: Non-ischemic cardiomyopathy with +ve genetic testing (genetic cardiomyopathy) Case 2: CAD and cardiomyopathy (hibernating myocardium -->CABG) Case 3: AS and cardiomyopathy (ATTR) Case 4: Post heart transplant and new LV dysfunction (CAV) Discussion and Take Home Messages
		Moderators: Firas Al-Badarin & Aiman Smer Discussants: Walid Eltahlawy, Bashaer Gheyath, Juwairia Al-Ali & Safaa Almohdar

LUXOR 2 MEETING ROOM

From	To	Topic
10:00 AM	12:00 PM	Workshop II -Fundamentals of Cardiopulmonary Exercise Stress Testing
		Moderator: Ahmad Turk Discussant: Mohammed Khalil
12:30 PM	1:30 PM	Friday Prayer and Lunch break

RAFFLES BALLROOM

From	To	Topic
12:00 PM	12:30 PM	Satellite Symposium by Bridge Bio
12:00 PM	12:05 PM	Bridging the Awareness Gap - Advancing Early Recognition and Diagnosis of ATTR-CM in the Gulf Region Feras Bader
12:05 PM	12:15 PM	From Recognition to Diagnosis - Red Flags and Diagnostic Algorithm in ATTR-CM Hani Sabbour
12:15 PM	12:25 PM	Optimizing the Management of ATTR-CM Patients in Clinical Practice Francesco Cappelli
12:25 PM	12:30 PM	Wrap-Up & Q&A
12:30 PM	1:30 PM	Friday Prayer and Lunch break
1:45 PM	3:00 PM	Session I: Launching HF Education in 2026!
		Chairpersons: Nooshin Bazargani & Nadya Almatrooshi
1:45 PM	2:00 PM	Does HF Management Need LVEF Cutoffs Anymore? Nqoba Tsabedze
2:00 PM	2:15 PM	How Will Medical Therapy Differ this Year? Faiez Zannad
2:15 PM	2:30 PM	Promising Devices in HF Management Joseph Rogers
2:30 PM	2:45 PM	Trials to Anticipate in 2026 Mehmet Yilmaz
2:45 PM	3:00 PM	Panel Discussion
3:00 PM	4:00 PM	Official Opening
3:00 PM	3:15 PM	Opening Remarks Feras Bader
3:15 PM	3:30 PM	Welcome Address Prof. Sir Magdi Yacoub
3:30 PM	4:00 PM	Keynote I: Competitive Edge of LVADs Within the Ecosystem of Contemporary End-Stage Heart Failure Therapy Speaker: Ivan Netuka Chairpersons: Juwairia Al-Ali, Joseph Rogers & Hadi Skouri

SCIENTIFIC PROGRAM

PLENARY HALL - **DAY I** | FRIDAY, 16TH JANUARY 2026

RAFFLES BALLROOM

From	To	Topic	
4:00 PM	4:15 PM	Coffee Break	
4:15 PM	5:45 PM	Session II: Debates in Heart Failure	
		Chairpersons: Aiman Smer and Emil Najjar	
4:15 PM	5:00 PM	First Debate: Use of Micro-axial Flow Pumps is Supported by Evidence in AMI and HF- Related Cardiogenic Shock	
4:15 PM	4:30 PM	Proponent	Speaker: Diyar Saeed
4:30 PM	4:45 PM	Opponent	Speaker: Mandeep Mehra
4:45 PM	4:50 PM	Rebuttal	Speaker: Diyar Saeed
4:50 PM	4:55 PM	Rebuttal	Speaker: Mandeep Mehra
5:00 PM	5:45 PM	Second Debate: Should Treatment With a Cardiac Myosin Inhibitor Always Precede Septal Reduction Therapy?	
5:00 PM	5:15 PM	Proponent	Speaker: Ammar Chaudry
5:15 PM	5:30 PM	Opponent	Speaker: Hussam Ghalib
5:30 PM	5:35 PM	Rebuttal	Speaker: Ammar Chaudry
5:35 PM	5:40 PM	Rebuttal	Speaker: Hussam Ghalib
5:45 PM	6:15 PM	Satellite Symposium By Viatrix	
		Transforming Acute Heart Failure Care through Dual SGLT Inhibition	
		Chairperson: Feras Bader	
		Speaker: Shelley Zieroth	

SCIENTIFIC PROGRAM

PLENARY HALL - **DAY II** | SATURDAY, 17TH JANUARY 2026

RAFFLES BALLROOM

From	To	Topic
8:00 AM	8:30 AM	Special Presentation Let's Hear About Their Science (MEHFC 2026- Best Abstract Award Finalists)
		Chairpersons: Manyoo Agarwal and Jehad Alburaiqi
8:00 AM	8:10 AM	CLINICAL AND GENETIC PROFILE OF HEREDITARY TRANSTHYRETIN (ATTRV) AMYLOIDOSIS IN THE MIDDLE EAST: A SINGLE-CENTER REPORT Ramzi Tabbalat
8:10 AM	8:20 AM	Predictive Power of AI-Driven Population Genomic Risk Scores for Acute Decompensation in a Genetically Distinct Regional Heart Failure Cohort Moh'd Fayeeg Haha
8:20 AM	8:30 AM	Same-Day FAST-HF CMR + Biomarker & Adherence Pathway: Faster Decisions, Higher GDMT Uptake, and Fewer 90-Day Events in a Middle East Single-Center Cohort Arif Albulushi
8:30 AM	9:45 AM	Session III: HF and the Cardiometabolic Spectrum
		Chairpersons: Abdulla Shehab and Farhana Bin Lootah
8:30 AM	8:45 AM	The Role of Cardiometabolic Clinic in the Current Era Hani Sabbour
8:45 AM	9:00 AM	Targeted Lipid Therapy in HF: Is There a Link? Waleed Nafee
9:00 AM	9:15 AM	SGLT2 Inhibitors and GLP-1 Agonists in Diabetes: Do They Prevent HF? Zainab Samad
9:15 AM	9:30 AM	From Hypertension to HF: Should Medical Therapy be the Same? Magdy Abdelhamid
9:30 AM	9:45 AM	Panel Discussion

LUXOR MEETING ROOM

From	To	Topic
8:30 AM	9:45 AM	Nursing Track: Session I: From Guidelines to Practice
		Chairpersons: Noha Yaseen & Adhba Almubarak
8:30 AM	8:50 AM	Translating Heart Failure Guidelines into Everyday Nursing Practice Richard Ferrer
8:50 AM	9:10 AM	Multidisciplinary Heart Failure Clinics: Best Practices and Models of Care Shaira Villa
9:10 AM	9:30 AM	Self-care in Heart Failure: Evidence-based Interventions and Challenges Soufiane Roussia
9:30 AM	9:45 AM	Panel Discussion
9:45 AM	11:00 AM	Workshop III: Cardio-Renal-Metabolic Discussions in HF Interactive case- based discussions of the interactions between DM, HF, and CKD Supported by an educational grant from Bayer
		Panelists: Ronney Shantouf, Nizar Attallah & Ahmad Al-Shoha

GIZZA MEETING ROOM

From	To	Topic
9:45 AM	11:00 AM	Workshop IV: What Every Cardiologist Needs to Know About HCM Supported by an educational grant from BMS
		Moderators: Hussam Ghalib & Mohammed El-Harari Discussants: Umer Darr, Syed Gardezi Mohammed Zaidan & Rami Harb

RAFFLES BALLROOM

From	To	Topic
9:45 AM	11:00 AM	Session IV : Acute Heart Failure: Challenges and Dilemmas (Joint Session with the ESC-HFA; with HFA Guidelines in Practice)
		Chairpersons: Mehmet Yilmaz & Matlooba Alzadjali
9:45 AM	10:00 AM	Reiterating the Importance of Proper Decongestion Wilfried Mullens
10:00 AM	10:15 AM	Addressing the Burden of HF Re-admissions Waleed Alhabeeb
10:15 AM	10:30 AM	Pulling the Trigger on Invasive Hemodynamics: When and How? Nadya Almatrooshi
10:30 AM	10:45 AM	Wisdom in Transition of Care During HF Hospitalizations Leila Abid
10:45 AM	11:00 AM	Panel Discussion
11:00 AM	11:15 AM	Coffee Break
11:15 AM	12:00 PM	Keynote II: How Much Can AI Help in HF?
11:15 AM	11:45 AM	Speaker: Mandeep Mehra Chairpersons: Waleed Alhabeeb, Ivan Netuka , Abdulmajeed Al Zubaidi, & Yazan Al Jabery
11:45 AM	12:00 PM	Discussion

GIZZA MEETING ROOM

From	To	Topic
11:15 AM	12:15 PM	Workshop V: Operational Excellence in Successful Practices: Tips and Tricks from the Experts
		Moderator: Hala Kershah Discussants: Faiez Zannad and Wilfried Mullens

RAFFLES BALLROOM

12:00 PM	1:00 PM	Satellite Symposium by Novartis
12:00 PM	12:30 PM	Satellite Symposium by Novartis (Leqvio): Redefining Dyslipidemia Management: From Achieving Target to Long-Term LDL-C Control Chairperson: Yousef Alattar Speaker: Mohamed Elharari
12:30 PM	1:00 PM	Satellite Symposium by Novartis (Entresto): From HTN to HF: Two Sides of The Same Coin Speaker: Feras Bader
1:00 PM	1:30 PM	Satellite Symposium by AstraZeneca
		Satellite Symposium by AstraZeneca: From evidence to clinical practice – GDMT Optimization for HF Patients Speaker: Nooshin Bazargani
12:30 PM	1:30 PM	Lunch Break
1:30 PM	2:45 PM	Session V: The Heart- Kidney Dialogue in HF
		Chairpersons: Hussien Heshmat and Leila Abid
1:30 PM	1:45 PM	Aldosterone Axis in Cardiorenal Medicine: MRAs and Aldosterone Synthase Inhibitors Omer Ali
1:45 PM	2:00 PM	GLP-1 Agonist Benefits Outside of Diabetes Management Hadi Skouri
2:00 PM	2:15 PM	Hospitalizations and Close Follow up in Cardiorenal Patients Nizar Atallah
2:15 PM	2:30 PM	Managing HF Patients with Advanced CKD Rana Abou Mrad
2:30 PM	2:45 PM	Panel Discussion

NURSING TRACK LUXOR MEETING ROOM

From	To	Topic
1:30 PM	2:45 PM	Nursing Track:Session II: Nutrition and Rehabilitation in Heart Failure
		Chairpersons: Amr Badr and Medhat Soliman
1:30 PM	1:50 PM	The “Gut-Heart Axis”: Exploring the Role of Nutrition and Microbiome in Heart Failure Sheereen Hassib
1:50 PM	2:10 PM	Real World Experience and Success in Cardiac Rehabilitation in Heart Failure Mahmoud Al Tamimi
2:10 PM	2:30 PM	Fluid Restriction and Salt Restriction: Looking into the Latest Evidence Shady Hegazi
2:30 PM	2:45 PM	Panel Discussion

GIZZA MEETING ROOM

From	To	Topic
1:30 PM	4:00 PM	Workshop VI: Ultrasound Assessment in the Cardiac ICU Moderator: Hatem Soliman Discussant: Mohammed Khalil

RAFFLES BALLROOM

2:45 PM	4:00 PM	Session VI: Advancing HF
		Chairpersons: Mitesh Badiwala and Diyar Saeed
2:45 PM	3:00 PM	Mitral and Tricuspid Valve Interventions to Consider in Advancing HF Mahmoud Traina
3:00 PM	3:15 PM	Role of Frailty, Sarcopenia, and Functional Reserve in Advanced HF Outcomes Ahmet Celik
3:15 PM	3:30 PM	Transplant, VAD, or Palliation: Toward Better Decision-Making in Advanced Heart Failure Bader Alayyad
3:30 PM	3:45 PM	LVAD and Transplantation in the Young: Ethical, Medical, and Long-Term Challenges Joseph Rogers
3:45 PM	4:00 PM	Panel Discussion
4:00 PM	4:30 PM	Coffee Break
4:00 PM	4:30 PM	Satellite Symposium by Novo Nordisk
3:45 PM	4:00 PM	Semaglutide Evolution From Glucose Control to CV Protection. A practical guide. Chairperson: Abdulla Shehab Speaker: Hani Sabbour

POSTER PRESENTATIONS AREA

4:00 PM	4:30 PM	Moderated Poster Presentations (Top Abstracts of MEHFC 2026)
		Chairpersons: Bassam Atallah & Arif Al Bulushi
4:00 PM	4:06 PM	Association of Triglyceride-Glucose Index with Heart Failure among Patients with Type 2 Diabetes Dia'a Sarhan
4:06 PM	4:12 PM	Progressive Conduction System Disease in Hydroxychloroquine Cardiotoxicity: A Call for Early Vigilance Milica Vukicevic
4:12 PM	4:18 PM	Efficacy and Safety of Mavacamten in Hypertrophic Cardiomyopathy: A Systematic Review and Meta-analysis of Randomized Controlled Trials Ahmad Azzam
4:18 PM	4:24 PM	Polypharmacy Patterns: A Decade-Long Comparison Among Elderly Cardiac Patients with Clinical Pharmacist Involvement at a University Hospital in Riyadh, Saudi Arabia Fakhr Al Ayoubi
4:24 PM	4:30 PM	A New Dawn for Digitalis? Re-evaluating the Efficacy and Safety of Cardiac Glycosides in Heart Failure Reduced Ejection Fraction: A Meta-Analysis of 8,346 Patients. Ahmed Salah Atya

RAFFLES BALLROOM

4:30 PM	5:00 PM	Keynote III: Lessons in Leadership: Past, Present, and Future
		Speaker: Prof. Sir Magdi Yacoub Chairpersons: Wael Almahmeed, Feras Bader, Mandeep Mehra & Hatem Soliman
5:00 PM	5:15 PM	Presentation of MEHA Lifetime Achievement Award
		Presented By Wael Almahmeed & Feras Bader
5:15 PM	6:30 PM	Session VII: Cases from the HF Clinic (Joint Session with the ESC HFA; with HFA Guidelines in Practice)
		Chairpersons: Amrish Agrawal and Zainab Samad
5:15 PM	5:30 PM	A Case of HF with Iron Deficiency Hasan Farhan
5:30 PM	5:45 PM	A Case of HFrEF with Hyperkalemia Ahmed Ouweini
5:45 PM	6:00 PM	A Case of HF with severe AS Emad Hakemi
6:00 PM	6:15 PM	A Case of HF with AF Zviad Kipiani
6:15 PM	6:30 PM	Panel Discussion

SCIENTIFIC PROGRAM

PLENARY HALL - DAY III | SUNDAY, 18TH JANUARY 2026

RAFFLES BALLROOM

From	To	Topic
8:00 AM	8:30 AM	Special Presentation Let's Hear About Their Science (MEHFC 2026- Best Abstract Award Finalists)
		Chairpersons: Mahmoud Traina and Nqoba Tsabedze
8:00 AM	8:10 AM	Machine Learning-Based Risk Stratification for Predicting Hospital Readmissions in Heart Failure Patients: A Multi-Center Retrospective Study Rahmeh Al Asmar
8:10 AM	8:20 AM	A Comprehensive Review and Pooled Analysis of Clinical Results for Normothermic Ex-Vivo Machine Perfusion for Donation-after-Circulatory-Death Heart Transplantation Muhammad Farhan
8:20 AM	8:30 AM	Proactive Screening for Early Identification of Heart Failure in Individuals with Obesity Praveen Motiram
8:30 AM	9:45 AM	Session VIII: From Overlooked to Unavoidable: HFrEF in Today's Practice
		Chairpersons: Ahmet Celik and Dania Mohty
8:30 AM	8:45 AM	Evolving Epidemiology and Disease Mechanisms Mo'ath Bani Ali
8:45 AM	9:00 AM	Diagnosing HFrEF: Have We Nailed it Yet? Yasmin Rustamova
9:00 AM	9:15 AM	Medical Therapy of HFrEF: Current Landscape Amna Al Busaidy
9:15 AM	9:30 AM	Obesity Management in HFrEF: A Paradigm Shift Bassam Atallah
9:30 AM	9:45 AM	Panel Discussion

NURSING TRACK

LUXOR MEETING ROOM

From	To	Topic
8:30 AM	9:45 AM	Nursing Track - Session III: Missing Links in HF Care
		Chairpersons: Mohamed El-Harari and Dima Quraini
8:30 AM	8:50 AM	Providing Patient Education for a Newly Diagnosed Heart Failure Patient Amer Al Ferekh
8:50 AM	9:10 AM	Diuretic Resistance: How Nurses Can Help Optimize Decongestion Mena Aziz
9:10 AM	9:30 AM	Optimizing Hospital Discharge and Transition of Care for HF Patients with multiple comorbidities Angela Abbey
9:30 AM	9:45 AM	Panel Discussion

RAFFLES BALLROOM

From	To	Topic
9:45 AM	10:15 AM	Satellite Symposium by Bayer
		Finerenone Role in Reframing Heart Failure Care Speaker: Hassan EL-Tamimi
10:15 AM	10:45 AM	Coffee Break
10:15 AM	10:45 AM	Satellite Symposium by Boehringer Ingelheim
		Management of HF Across Patient Journey Speaker: Mohamed El Harari

POSTER PRESENTATION AREA

10:15 AM	10:45 AM	Moderated Poster Presentations (Top Abstracts of MEHFC 2026)
		Chairpersons: Fakhr Alayoubi and Yasmin Rustamova
10:15 AM	10:21 AM	Shared Molecular Signatures across Heart Failure with Preserved and Reduced Ejection Fraction to Abdominal Aortic Aneurysm: An Integrative Transcriptomic Analysis Fares Qubbaj
10:21 AM	10:27 AM	Dual-Biomarker Navigation Clinic (NT-proBNP + hs-Troponin) Accelerates GDMT Up-Titration and Lowers 6-Month Events in HFrEF/HFmrEF: A Pragmatic Program from Oman Saoud Al marbuii
10:27 AM	10:33 AM	Real-World Safety and Effectiveness of Acetazolamide in Acute Heart Failure: A Multicenter Cohort Lama Alfehaid
10:33 AM	10:39 AM	Prognostic Utility of Circulating Inflammatory MicroRNA Signatures in Predicting Adverse Ventricular Remodeling Post-Infarction Heart Failure Mohammad AL-Rababa'h
10:39 AM	10:45 AM	Immune-Driven Clinical Phenotypes and Outcomes in Heart Failure: A Structured Evidence Synthesis Fares Qubbaj

RAFFLES BALLROOM

10:45 AM	12:00 PM	Session IX: Special Populations in HF
		Chairpersons: Mohamed Salah Osman and Magdy Abdelhamid
10:45 AM	11:00 AM	Young and Breathless: What Are We Missing in Early-Onset Heart Failure? Arif Albulushi
11:00 AM	11:15 AM	HF in Pregnancy: Stress on the Patient and the Physician! Dima Quraini
11:15 AM	11:30 AM	HF in ACHD: Unique Pathophysiology, Unique Management Rizwan Ahmed
11:30 AM	11:45 AM	Genetics and Pharmacogenomics in HF: When and Who? Fakhr Alayoubi
11:45 AM	12:00 PM	Panel Discussion

**NURSING TRACK
LUXOR MEETING ROOM**

10:45 AM	12:00 PM	Nursing Track - Session IV: Challenges of the Heart Failure Multidisciplinary Team
		Chairpersons: Abdelfatah Elasar and Abbas Ahmed
10:45 AM	11:05 AM	Strategies in Overcoming Non-compliance in Heart Failure Patients Jennifer Dela Cruz
11:05 AM	11:25 AM	Polypharmacy and Side Effect Burden: Optimizing Adherence of Elderly Patients with Heart Failure Abdallah Almaghraby
11:25 AM	11:45 AM	Caregiver Burden in Heart Failure: Strategies for Family-Centered Care Shumaila Sheikh
11:45 AM	12:00 PM	Panel Discussion

GIZZA MEETING ROOM

From	To	Topic
		Workshop VII: Cardiac Amyloidosis: From Obscurity to Opportunity: A Case Based Discussion Chairperson: Ammar Chaudhary, Firas Albadarin Presenters: Dania Mohty & Hani Sabbour Panelists: Amr Badr & Matlooba Al Zadjali
10:45 AM	11:00 AM	Introduction
11:00 AM	11:15 AM	Case 1: Understanding Cardiac Amyloidosis: Epidemiology, Natural History, and Clinical Phenotypes
11:15 AM	11:30 AM	Case 2: Diagnostic Pathways in Cardiac Amyloidosis: Choosing the Right Test at the Right Time
11:30 AM	11:45 AM	Case 3: Heart Failure Management in AL and ATTR Cardiac Amyloidosis: Principles and Pitfall
11:45 AM	12:00 PM	Case 4: ATTR Mixed Phenotype in Clinical Practice

RAFFLES BALLROOM

12:00 PM	12:15 pm	Winning Abstracts Announcement Feras Bader
12:15 PM	12:45 PM	Satellite Symposium by Novo Nordisk
		Targeting Inflammation in Heart Failure Patients Chairperson: Feras Bader Speaker: Hadi Skouri
12:15 PM	1:15 PM	Lunch Break
1:30 PM	2:45 PM	Session X: Devices and Innovations in HF: Too Much Hype Versus Serious Promise
		Chairpersons: Firas Alani and Bader Alayyad
1:30 PM	1:45 PM	Implantable PA Pressure Monitors: Are They Underutilized Jehad Alburaiqi
1:45 PM	2:00 PM	Left Bundle Pacing: Is it Really the Way Forward? Mohamed Al Jaabari
2:00 PM	2:15 PM	Interatrial Shunts in HF: What's Missing? Emil Najjar
2:15 PM	2:30 PM	Baroreflex Activation, Cardiac Contractility Modulation, and Cardiac Microcurrent Stimulation: What's Promising Fatemeh Mohammad
2:30 PM	2:45 PM	Panel Discussion

LUXOR MEETING ROOM

From	To	Topic
1:30 PM	2:45 PM	Workshop VIII: Practical Guide to Managing Cardio-Oncology Cases: An Interactive Case Discussion
		Chairperson: Hadi Skouri Presenters: Manyoo Agarwal, Waleed Kadro, Adhba Almubarak, Negin Molazadeh
1:30 PM	1:45 PM	Case 1: A Case of HER2/Anthracycline- induced Cardiomyopathy
1:45 PM	2:00 PM	Case 2: A Case of Immune Checkpoint Inhibitor Myocarditis
2:00 PM	2:15 PM	Case 3: A Case of Tyrosine Kinase Receptor Inhibitor- induced Hypertension
2:15 PM	2:30 PM	Case 4: A Case of BTK Inhibitor with New AF
2:30 PM	2:45 PM	Panel Discussion

RAFFLES BALLROOM

2:45 PM	3:45 PM	Satellite Symposium by MS Pharma
		Mineralocorticoid Receptor Antagonists in Cardiovascular Disease: Rationale, Evidence & Clinical Practice Speaker: Faiez Zannad
3:45 PM	5:00 PM	Session XI: Cases from the Advanced HF Program
		Chairpersons: Ahmad Turk and Amna Al Busaidy
3:45 PM	4:00 PM	A Case of Severe Myocarditis in Shock Abdelfatah Elasar
4:00 PM	4:15 PM	A Case of Advanced HF with Poor RV Function Mohamed ElKashab
4:15 PM	4:30 PM	A Case of LVAD Patient with Dyspnea Rami Bany Ata
4:30 PM	4:45 PM	A Case of Heart Transplant with Severe CAV Iman Hamour
4:45 PM	5:00 PM	Panel Discussion
5:00 PM	7:00 PM	Workshop IX: Redefining Hypertension Care: From Unmet Needs to New Treatment Paradigms
		Chairperson: Feras Bader
5:00 PM	5:15 PM	HTN Burden and Definition of uHTN/rHTN Juwairia Al Ali
5:15 PM	5:25 PM	Discussion moderated by Feras Bader
5:25 PM	5:45 PM	Guideline, Current Treatment Gaps, and Aldosterone Dysregulation Hani Sabbour
5:45 PM	5:55 PM	Discussion moderated by Feras Bader
5:55 PM	6:05 PM	Break
6:05 PM	6:25 PM	New Era in Hypertension Management Faiez Zannad
6:25 PM	7:00 PM	Discussion moderated by Feras Bader
7:00 PM		Closing

MODERATED POSTERS

PP29 Dual-Biomarker Navigation Clinic (NT-proBNP + hs-Troponin) Accelerates GDMT Up-Titration and Lowers 6-Month Events in HFrEF/HFmrEF: A Pragmatic Program from Oman

Saud Al Marbui

PP44 Polypharmacy Patterns: A Decade-Long Comparison Among Elderly Cardiac Patients with Clinical Pharmacist Involvement at a University Hospital in Riyadh, Saudi Arabia

Fakhr Al Ayoubi

PP52 Progressive Conduction System Disease in Hydroxychloroquine Cardiotoxicity: A Call for Early Vigilance

Milica Vukicevic

PP72 Efficacy and Safety of Mavacamten in Hypertrophic Cardiomyopathy: A Systematic Review and Meta-analysis of Randomized Controlled Trials

Ahmad Alazzam

PP91 A New Dawn for Digitalis? Re-evaluating the Efficacy and Safety of Cardiac Glycosides in Heart Failure Reduced Ejection Fraction: A Meta-Analysis of 8,346 Patients.

Ahmed Salah Sayed Atya

PP105 Prognostic Utility of Circulating Inflammatory MicroRNA Signatures in Predicting Adverse Ventricular Remodeling Post-Infarction Heart Failure

Mohammad Rababa'h

PP116 Association of Triglyceride-Glucose Index with Heart Failure among Patients with Type 2 Diabetes

Dia'a Sarhan

PP122 Real-World Safety and Effectiveness of Acetazolamide in Acute Heart Failure: A Multicenter Cohort

Lama Alfehaid

PP126 Shared Molecular Signatures across Heart Failure with Preserved and Reduced Ejection Fraction to Abdominal Aortic Aneurysm: An Integrative Transcriptomic Analysis

Fares Qubbaj

PP146 Immune-Driven Clinical Phenotypes and Outcomes in Heart Failure: A Structured Evidence Synthesis

Fares Qubbaj

POSTERS

- PP13** Early Quadruple Therapy in HFrEF: A Systematic Review and Pooled Analysis of Mortality and Hospital Utilisation Versus $\leq$ Triple Therapy
Muhammad Farhan
- PP30** Earlier Is Better”: In-Hospital vs Early Post-Discharge Initiation of SGLT2 Inhibitors in Acute Heart Failure –Updated Random-Effects Meta-analysis With Continuous Time-to-Start Meta-regression
Gamal Samir Aly
- PP32** The Safety and Effectiveness of Warfarin Vs Apixaban in Patients with Non-Valvular Atrial Fibrillation/ Venous Thromboembolism and End-Stage Kidney Disease on dialysis
Said Nabil
- PP33** Complete Heart Block: A Rare Initial Presentation of Epstein-Barr Virus-Induced Myocarditis
Ridha Umar
- PP34** Concurrent Diabetic Ketoacidosis and NSTEMI: A Complex Cardiometabolic Emergency
Ridha Umar
- PP37** Severe Dengue Fever Complicated by Myocarditis Presenting as ST-Elevation Myocardial Infarction: A Case Report with Atypical Features
Hesham Ahmed
- PP38** Efficacy and Safety of Sacubitril/Valsartan Versus Enalapril in the Treatment of Heart Failure With Reduced Ejection Fraction: A Systematic Review and Meta-Analysis
Rayan Al Jubeh
- PP39** Insights from a Rare Diagnostic Challenge: Brucella Endocarditis Involving a Cardiac Implantable Electronic Device.
Banan Rasool
- PP40** High-Sensitivity Troponin and Cardiovascular Risk in Asymptomatic Individuals: A Meta-Analysis
Hana Mustafa
- PP42** Filamentous Left Ventricular Mass Mimicking Infective Endocarditis: Case Report and a Brief Review of Literature.
Khadija Jalal
- PP45** Temporal Dynamics and Heterogeneity of Cancer-Specific and Cardiovascular Mortality in Adult Cancer Survivors: A SEER-Based Competing Risks Analysis
Tabish Wajih Siddiqui
- PP46** A Low-Cost Telemedicine + Nurse-Led Decision-Support Program for Heart Failure in the Middle East: A Prospective Cohort Study with Clinical and Economic Outcomes
Sahar Abri

POSTERS

PP47	Gender-based Echocardiographic Patterns and Diastolic Dysfunction among Diabetic patients with HFpEF. Banan Rasool
PP48	Automated, Telemonitoring-Guided Optimization of Guideline-Directed Medical Therapy (GDMT) in Patients with Reduced Ejection Fraction Heart Failure Rahmeh Al Asmar
PP49	Real-World Outcomes in Heart Failure With Reduced Ejection Fraction: A Middle Eastern Cohort Analysis Faisal Kakish
PP50	Impact of Proactive Intravenous Iron Repletion on Exercise Capacity and Quality of Life in Non-Anemic Heart Failure Patients Mira' alnaser Khashman
PP51	Optimizing Timing for Transcatheter Mitral Valve Repair in Secondary Mitral Regurgitation Using Global Longitudinal Strain Thresholds Rima Omari
PP53	Pulsed Field Ablation for Atrial Fibrillation: A Systematic Review of Efficacy, Safety, and Durability Osama Mustafa
PP55	Quantitative Assessment of Myocardial Work Index (MWI) as a Predictor of Early Response to SGLT2 Inhibitors in Heart Failure Nour Mashal
PP57	Geospatial Risk Mapping and Predictive Modeling of Incident Heart Failure in an Urbanized Regional Cohort: An Epidemiological Study Lana Omari
PP58	Predictive Utility of Remote Pacing Diagnostics in Identifying Non-Responders to Cardiac Resynchronization Therapy (CRT) Abrar Omari
PP59	HEART ON THE FLIP SIDE: NAVIGATING BILATERAL DUCT STENTING IN A RARE CONGENITAL ANOMALY Osama Mustafa

POSTERS

PP60	A Rare Triple Coronary and Pulmonary Artery Fistula Involving the RCA and LAD: Successful Coil Embolization with Long Term Resolution Nour Mashal
PP61	Right Coronary Artery–Right Atrial Fistula with Left-to-Right Shunt: A Rare Case Managed by Surgical Closure Nour Mahsal
PP62	A BLIND SPOT IN THE HEART: EUSTACHIAN VALVE COMPLICATING ATRIAL SEPTAL DEFECT CLOSURE Osama Mustafa
PP63	Transformation of Heart Failure Care in Oman: Impact of Multidisciplinary Advanced Heart Failure Clinic on Patient Outcomes Duaa Alsinani
PP64	Myocardial Infarction with Non Obstructive Coronary Atherosclerosis: A Rare Case Report Mousa Abugoush
PP65	Takotsubo Cardiomyopathy During Lung Transplantation with Recurrent Reduced Ejection Fraction: A Case Report Farah Naghashzadeh
PP66	Novel Molecular Biomarkers for Early Diagnosis of Heart Transplant Rejection Through Integrative Bioinformatics and Machine Learning Farah Naghashzadeh
PP67	Factors associated with low-density lipoprotein control in outpatients with myocardial infarction: A hospital-based study Anan Jarab
PP68	The Role of Serum Magnesium Levels in the Prevention and Management of Cardiac Arrhythmias Raqshan Wajih Siddiqui
PP69	Body Roundness Index and Risk of Incident Heart Failure Zain Abuhijleh
PP70	Racial Disparities in Heart Failure Outcomes Among Patients With Hypertensive Retinopathy: A Multicenter Real-World Analysis Dima Staitieh
PP71	Sex-Based Differences in Clinical Outcomes Among Heart Failure Patients Treated With SGLT2 Inhibitors: Insights From a Multicenter Cohort Study Raneem Aldaleen
PP74	Integrating Deep Learning–Based Echocardiographic Analysis for Early Risk Stratification in Heart Failure Patients Sami Sarmadli

POSTERS

PP75	Intracardiac vs Transesophageal Echocardiography for Thrombus Detection before Atrial Fibrillation Ablation: A Meta-analysis of 7,251 patients. Ahmed Salah Sayed Atya
PP77	Efficacy of SGLT2 Inhibitor Therapy in Middle Eastern Patients with Heart Failure Bahsar Quteishat
PP78	Real-World Outcomes of Sacubitril/Valsartan in Heart Failure with Reduced Ejection Fraction Rashed Al Marmouri
PP79	Catheter Ablation versus Medical Therapy for Atrial Fibrillation in Patients With Hypertrophic Cardiomyopathy: A Trial Sequential Analysis Hatem Yaser Farouk Abdelrehim
PP81	Delayed Adolescent Presentation of Uhl's Anomaly Presenting as Pericardial Effusion: A Case Report Mousa Abugoush
PP82	Database Analysis of the valvular affection in 4782 Echocardiographic examinations for patients with Rheumatic heart disease (RHD) at the Echocardiography Lab. Cairo University Hospitals (Cairo, Egypt) Walid Atout
PP85	Assessing medication adherence and self-care behaviors in patients with chronic heart failure at a tertiary care teaching hospital: a cross-sectional study Noor Shanaa
PP86	Prescription Pattern, Implementation of Guidelines-Directed Medical Therapy, and Outcomes among Heart Failure Patients in Saudi Arabia Shaden Al Harbi
PP87	Utilization of guideline-directed medical therapy for heart failure with reduced ejection fraction: a retrospective chart review in a teaching hospital Esraa Abusaleem
PP89	Reversal of Advanced Heart Failure Symptoms Following Early In-Hospital SGLT2 Inhibitor Initiation: A Case Report Syed Ali Abdi
PP90	Efficacy of Early SGLT2 Inhibitor Initiation on Functional Outcomes and Hospital Readmission in Acute Decompensated Heart Failure: A Prospective Observational Study Syed Ali Abdi
PP92	Prevalence of Cardiac Dysfunction in Patients with Thyroid Cancer in Tertiary Hospital: Associated factors and Outcome in Riyadh-Saudi Arabia. Muhammad Shamoon Umerani
PP94	Evaluate the role of the clinical pharmacist in improving quality indicators on initiation of guideline-directed medical therapy in patients with heart failure with reduced ejection fraction in the cardiac unit. Ali Jaber

POSTERS

PP95	Clinical Characteristics, Etiology, and Outcomes of Hospitalized Heart Failure Patients: Insights from a Tertiary Center in the UAE Ghada Rashwan
PP96	Implementation of Guideline-Directed Medical Therapy and Gender-Based Differences in Hospitalized Heart Failure Patients: A Single-Centre Experience Ghada Rashwan
PP97	Delayed Lightning-Induced Cardiomyopathy: A Case Report of Reversible Myocardial Dysfunction Azza Mohamedelkamil Mohamedelamen
PP98	Beyond Linearity: Serum Osmolarity's Non-Linear Impact on CIN Risk Reveals Hidden Heart Failure Confounding After Elective Percutaneous Coronary Intervention Ahmed Salah Sayed Atya
PP99	Carotid Intima-Media Thickness in Healthy Young Adults: A Systematic Review of Vascular-Metabolic Associations and the Evidence Gap in the UAE Population Hajira Wase
PP100	CLINICAL AND GENETIC PROFILE OF HEREDITARY TRANSTHYRETIN (ATTRV) AMYLOIDOSIS IN THE MIDDLE EAST: A SINGLE-CENTER REPORT Ramzi Tabalat
PP102	Arrhythmia and Cardiovascular Risks in Inflammatory Bowel Disease: Insights into Disease and Therapy Effects Enayat Al Masri
PP104	Effectiveness of Cardiac Rehabilitation in Improving Functional Performance Among Patients with Ischemic Heart Failure Nujood Alluqmani
PP106	Early Detection of Cardiac Arrhythmias Through Nurse-Led Remote Monitoring Shatha Al-harbi
PP107	Post-Discharge Care for Heart Failure Patient Through Digital Remote Patient Monitoring Shatha Al Harbi
PP108	Percutaneous Balloon Mitral Valvulotomy for Severe Stenosis: A Comprehensive Narrative Review of Current Evidence and Practice Adnan Irfan
PP109	OBESITY-DRIVEN MICROVASCULAR COMPLICATIONS IN CARDIORENAL SYNDROME: MECHANISMS AND THERAPEUTIC STRATEGIES Shifa Amin
PP110	A NOVEL PRESENTATION OF PACEMAKER RATCHET SYNDROME WITH DIASTOLIC CHEST WALL TWITCHES AND HICCUPS Toleen Haddad

POSTERS

- PP111** Caregiver Knowledge and Awareness of Heart Failure Symptoms and Risk Factors Among Patients with Cardiovascular Disease: A Cross-Sectional Study from Jordan
Zaid Sarhan
- PP113** Digital Heart: Evaluating a Mobile-Based Heart Failure Education Tool for Enhancing Patient Self-Care and Symptom Awareness in Jordan
Zaid Sarhan
- PP114** The Burden Beneath the Chest: Depression and Clinical Outcomes in Heart Failure Patients — A Systematic Review and Meta-Analysis
Zaid Sarhan
- PP115** Effectiveness of Multidisciplinary Clinic Integration on Long-Term Mortality in Chronic Heart Failure: A Regional Registry Study
Sondos Al-qadi
- PP117** Social Vulnerability and Acute Heart Failure Events Among Dialysis-Dependent Patients: A National Registry Analysis
Raneem Aldalaeen
- PP118** Body Roundness Index Versus Body Mass Index for Predicting Cardiovascular Mortality: Insights from a National Cohort, Background and purpose
Zaid Sarhan
- PP119** Prognostic Differences in Acute Ischemic Stroke Patients with Concomitant Heart Failure: Between HF_rEF and HF_mrEF
Jeong Kyu Lee
- PP121** Polypharmacy in Cardiovascular: When More Drugs Mean More Risks
May Gamal Mohamed
- PP123** Assessment of regional variation in the management of heart failure with a preserved ejection fraction between the Russian Federation and the European Union: the results of the international survey
ANASTASIA Shchendrygina
- PP124** From Rescue to Replacement: Integrating Temporary and Durable Mechanical Circulatory Support Across the Cardiogenic Shock-Heart Failure Continuum: A narrative review
Alisha More
- PP125** Early onset Anthracycline-induced cardiotoxicity in a 58 year-old woman with breast cancer
Raheleh Sajadi Nia
- PP127** TAKOTSUBO CARDIOMYOPATHY WITH LVOT OBSTRUCTION PRESENTING AS HEART FAILURE
Sruthi Pradeep
- PP129** Effects on major adverse cardiovascular events (MACE) in persons treated with sotagliflozin: Prespecified pooled analyses of the Phase 3 type 2 diabetes program
Michael Davies

POSTERS

PP131	Impact of Dietary Pattern Interventions on Clinical Outcomes in Patients with Heart Failure: A Systematic Review and Meta-Analysis Alaa Ramadan
PP132	Impact of Psychosocial Risk Factors and Social Determinants of Health on Clinical Outcomes in Patients with Heart Failure: A Systematic Review and Meta-Analysis Alaa Ramadan
PP133	Role of echocardiography-derived pulmonary to systemic flow ratio in diagnosing aortopulmonary window: A case report Mahmoud Hasan
PP134	Early Spot Urinary Sodium-Guided Diuretic Protocol in Acute Decompensated Heart Failure: Feasibility in an Indian Tertiary Hospital Nidhin John Palathra
PP135	Left Anterior Descending Coronary Artery Stent Infection by Pantoa Agglomerans Ibrahim Al-obaidi
PP136	Clinical Characteristics and Outcomes of Peripartum Cardiomyopathy from a Tertiary Care Centre in India Jincy Sara Thankachan
PP137	Hemodynamic Consequences of Patent Foramen Ovale in Submassive Pulmonary Embolism Leading to Paradoxical Stroke Mahmoud Alothman Agha
PP138	Impact of extreme heat on acute decompensated heart failure: Global evidence and GCC-focused insights Mahmoud Alothman Agha
PP139	Hybrid Stent Strategy in a 37-Year-Old Man Undergoing PCI: A Rare Contemporary Practice Case Report Abdullah Almazouni
PP140	Assessment of Atrial Fibrillation Risk and Public Awareness in the UAE: A Population-Based Study Teeba Alwan
PP141	Obstructive Right-Atrial Thrombus Presenting as Right-Sided Heart Failure Right-atrial thrombi (RAT) are uncommon but can mimic cardiac tumors and present with unexplained right-sided heart failure. Ahmed Waheed
PP142	Reversible Cardiomyopathy in the Setting of Thyrotoxicosis and Rapid Atrial Fibrillation: A Dramatic Recovery Following Multidisciplinary Management Amr Hamed
PP144	Relationship of Electrocardiographic Dynamicity to Ischemic Burden Using Myocardial Perfusion Imaging in Patients without Previous Myocardial Infarction Amr Hamed

POSTERS

- | | |
|--------------|---|
| PP145 | Successful Coronary Artery Bypass Grafting in a Patient with Severe Congenital Factor VII Deficiency: A Case Report
Hussein Huwajjah |
| PP147 | Prevalence of Absolute and Functional Iron Deficiency in Adults with Heart Failure at a Tertiary Hospital in Saudi Arabia
Emad Elkholy |
| PP149 | Combined Hypertrophic and Restrictive Cardiomyopathy phenotype in patients with MYH7 mutation. A case series
Heba Ismail |
| PP151 | Efficacy of continuous positive airway pressure in the prevention of cardiovascular events in patients with obstructive sleep apnea: A Systematic review and meta-analysis
Mohamed Osama Waleed Almuzainy |
| PP152 | Early Detection of Heart Failure in Primary Care: Evaluating a Frailty-BNP Screening Pathway for Improved Outcomes
Salwa Asif |

Sponsors

DIAMOND SPONSOR



PLATINUM SPONSOR



GOLD SPONSOR



SILVER SPONSORS



INDUSTRY PARTNERS



CME & Certificate of Attendance



Session Attendance Scanning

- Attendance to the sessions will be monitored through scanning of the barcode on your conference badge at the entrance of the session hall.
- CME credits awarded will be dependent on session attendance.

Instructions for Claiming CME Certificates

- A survey in the form of an online questionnaire will be emailed post the conference to be completed by delegates.
- The CME Certificate will be e-mailed to the registered email address upon completion of the online questionnaire.
- Please ensure that the email provided at the time of registration is accurate, otherwise certificate of attendance and the CME certificate may not be received.
- Delegates will be able to check that their email is accurate at the onsite registration desks during operational hours.

General Information

Session Hall& Parallel Workshop Locations

Sessions are taking place in Raffles Ballroom, located in 3rd floor

Workshops are taking place in Luxor and Gizza Breakout rooms, Located in 3rd floor

Self Check-in Counters

For pre-registered delegates to avoid the registration queue, Self-check-in counters are located at the lobby of Raffles Ballroom on the 3rd Floor and operational as per the below schedule:

Friday 16th Jan. 2026, 9:00-18:00

Saturday 17th Jan. 2026, 7:00-18:00

Sunday 18th Jan. 2026, 7:00-16:00

Registration desks

Registration desks are located at the lobby of Raffles Ball Room on the 3rd Floor and operational as per the below schedule:

Friday 16th Jan. 2026, 9:00-18:00

Saturday 17th Jan. 2026, 7:00-18:00

Sunday 18th Jan. 2026, 7:00-16:00

Registration Badges

All Participants are requested to always wear their badge during the conference. Badges will be scanned at the entry point to each session hall and anyone without a badge will not be allowed entry.

Exhibition Access Schedule

Access Timing for Registered Delegates

Friday 16th Jan. 2026, 9:00-18:00

Saturday 17th Jan. 2026, 7:00-18:00

Sunday 18th Jan. 2026, 7:00-16:00

CME Accreditation

MEHFC 2026 is in process of being CME accredited from Dubai Health Authority (DHA) for up to 28.5 credit hours

Friday Prayer

The mosque is located 5 minutes walking distance across the street from the venue, staff will be available to direct people to the mosque

Food and Beverage

Complimentary tea, coffee and light refreshments will be provided in the morning and afternoon coffee breaks at the Exhibition Hall. Lunch will be arranged at the ballroom terrace

Parking

Free valet parking is available for all conference attendees, please ensure to stamp your valet ticket before exiting the venue

Download Conference App



You are encouraged to use the Conference App as it includes the programme, speaker profiles, abstracts and information on exhibitors.

Steps to get the conference app to enhance your attendance at the conference:

- Download **“The Event App”**
- Enter the event code **“mehfc26”**



Meeting Minds Experts: Office 508 & 509,
DSO Tower Building, Dubai Studio City



+971 4 2761444



me-heartfailure@meetingmindsexperts.com



meeting minds
EXPERTS